

Fighting Racism: Resources to Help

As many of us work to better understand and dismantle the systemic racism that permeates our lives, there's always more to learn. This list of resources is by no means exhaustive – if you have more resources, please share them!

Learn

- [What is Systemic Racism?](#) Video series that shows how racism shows up in our lives across institutions and society
- [Anti-Racism Resources](#) Google document that includes ways for people to deepen anti-racism work
- [The Atlantic: The American Nightmare](#) – Ibram X. Kendi *Atlantic* article about being black in America
- [Violent Protests are not the Story. Police Violence is.](#) – Dylan Scott *Vox* article explaining how and why protests are necessary to fighting racism

Act

- [10 Steps to Non-Optical Allyship](#) Twitter thread explaining how to support and be an ally for #BlackLivesMatter (or any oppressed community)
- [26 Ways to be in the Struggle Beyond the Streets](#) Concrete suggestions for how to support liberation
- [11 Things to do Besides Say 'This Has to Stop' in the Wake of Police Brutality](#) – Brittany Wong *Huffpost* article on how to turn empathy into action
- [Beyond the Hashtag: How to Take Anti-Racist Action in Your Life](#) – Zyahna Bryant *TeenVogue* article on taking action (appropriate for all adults too!)
- [Showing up for Racial Justice](#) National organization working toward racial justice by moving white people to act as part of a multi-racial majority for justice

Read

Many of these books are out of stock on Amazon and large bookstores right now. The links below go to the Amazon page because Kindle versions are still available, but we encourage you to [check your local bookstore at IndieBound](#) as well.

- [White Privilege: Unpacking the Invisible Knapsack](#) – Peggy McIntosh PDF file of article
- [Between the World and Me](#) – Ta-Nehisi Coates Book
- [How to be an Antiracist](#) – Ibram X. Kendi Book
- [I'm Still Here](#) – Austin Channing Brown Book
- [Just Mercy](#) – Bryan Stevenson Book
- [Me and White Supremacy](#) – Layla F Saad Book
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) – Michelle Alexander Book
- [So You Want to Talk About Race](#) – Ijeoma Oluo Book
- [When They Call You a Terrorist: A Black Lives Matter Memoir](#) – Asha Bandele and Patrisse Cullors Book
- [White Fragility](#) – Robin DiAngelo Book
- [Why Are All the Black Kids Sitting Together in the Cafeteria?](#) – Beverly Daniel Tatum Book
- [Why I'm No Longer Talking to White People About Race](#) – Reni Eddo-Lodge Book

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Watch

- [13th](#) Netflix documentary about the criminalization of African Americans and the US prison boom (1 hour, 40 minutes)
- [When They See Us](#) Netflix series about five teens who are falsely accused of a brutal attack in Central Park (4 episodes, 64 minutes – 88 minutes each)
- [If Beale Street Could Talk](#) Oscar-winning movie about a woman working to clear the name of her wrongly charged lover, available on Hulu (1 hour, 57 minutes)
- [How I Learned to Stop Worrying and Love Discussing Race – Jay Smooth TEDx talk](#) (12 minutes)
- [Life of Privilege Explained in a \\$100 Race](#) YouTube Video (4 minutes)

Listen

- [Code Switch from NPR](#) Bi-weekly podcast that explores how race impacts every part of society
- [Pod Save the People from Crooked Media](#) Weekly news podcast with a special focus on overlooked stories and topics that often impact people of color
- [1619 from The New York Times](#) Audio series (6 episodes) on how slavery transformed America
- [Pod for the Cause from The Leadership Conference on Civil and Human Rights](#) Monthly podcast focused on a range of civil rights issues

Donate

- [George Floyd Memorial Fund](#)
- [Louisville Community Bail Fund](#)
- [I Run With Maud](#)
- [Minnesota Freedom Fund](#)
- [National Bail Fund Network](#) (There are bail funds across the country; find one that is in your preferred city)
- [Reclaim the Block](#)
- [Black Visions Collective](#)
- [NAACP Legal Defense Fund](#)
- [Communities Organized Against Police Brutality](#)
- [Campaign Zero](#)
- [#blacklivesmatter stream to donate](#) YouTube video with ads; revenue earned from ads will be donated to groups listed in the beginning of the video that offer protester bail funds, help pay for family funerals, and provide advocacy
- [National Police Accountability Project](#)